



1785 W. Lake Blvd., Sunnyside, Tahoe City, CA
(on Fir Ave. behind West Shore Sports)

Open 3-9pm

Feb. Days of Operation: open daily except: 2/4-6, 2/12

☎ (530) 581-5400

www.spoontakeout.com

STARTERS AND MUNCHIES

Quesadilla \$9 choice Chicken or Veggie

with Tomatoes, Red Onion, Two Cheeses and a side of our Roasted Salsa (V)

White Bean & Mushroom Soup \$6

With housemade Crème Fraîche & Scallions (V, GF)

Soup of the Moment \$6

JC's Cauliflower Mac n Cheese \$9

cauliflower, pasta, creamy sharp cheddar sauce, baked 'til bubbly...mmm (V)

Zhee Zhee's Homemade Garlic Herb Focaccia \$6

toasted with parmesan, served w/a side of garlic roasted tomatoes and Kalamata olives (V)

DINNERS

Choose one protein & two sides

PROTEINS

Lemon & Rosemary Roasted Chicken Breast with Pan Sauce \$15

Garlic Marinated Organic Tofu with Ginger Tamari Glaze \$14 (V, GF)

Red Wine Braised Pork with Pickled Red Onions \$16 (GF)

Big Turkey Meat Balls \$15

Pan Roasted Fish with Citrus Dijon Vinaigrette \$17 (GF)

SIDES

Brown Rice Tabbouleh- w/almonds, parsley, feta, tomato, cucumber, red onion, lemon (V, GF)

Organic Greens Salad-shaved radish, sunflower seeds, tahini goddess dressing (V, GF)

Roasted Seasonal Vegetables- drizzled with parsley scallion pesto (V, GF)

Red Skin Mashed Potatoes- classic, creamy with real butter & black pepper (GF, dairy-full)

Pasta-with chunky garlic roasted tomatoes & parmesan cheese (V)

SALADS

Full \$11 Half \$6

Chick Pea and Roasted Veggie

seasonal roasted veggies, garbanzo beans, almonds, feta, pickled red onions, baby spinach, citrus dijon vinaigrette (V, GF)

Harvest Greens

organic greens, kale, shaved radish, apple, sunflower seeds, golden raisins, tahini goddess dressing (V, GF)

SANDWICH

\$12

Your choice from our list of proteins, served on toasted sourdough with organic greens, tomato, caramelized onions and dijon mustard...all that and a bag of chips!

EXTRAS

ANY SIDE ALA CARTE	\$5	BAG OF MISS VICKIE'S CHIPS	\$1.25
ADD CHICKEN TO SALAD	\$3.50	ADD CHEESE	\$1.00
HOUSE-MADE FOCACCIA (2 PC)	\$1.00		

SWEET STUFF

Cake of the Moment \$4.50

Cookie or brownie \$2.25

Cookie or brownie, warmed w/chocolate sauce and homemade whipped cream \$3.75

BEVERAGES

Organic Coffee

Freshly served in a press pot...Single \$3 Double \$6

Hot Tea \$2.50

From the fridge: Sodas or juice box \$1.75 La Croix, Izze or San Peligrino \$2.25

KEEP YOUR EYES OPEN FOR SPECIALS! OUR CHEFS GET INSPIRED AND CREATE SOMETHING DELICIOUS FOR A LIMITED TIME...JUST ASK YOUR SERVER!

***MENU NOTES: WE CAN'T LIST EVERY SINGLE INGREDIENT FOR EACH MENU ITEM. IF YOU HAVE ANY FOOD ALLERGIES, PLEASE LET YOUR SERVER KNOW, SO WE CAN ADVISE YOU ON GREAT CHOICES FOR YOUR MEAL.**

***V= VEGETARIAN ITEM...**Cheese can be removed from some items to be vegan.

***GF=GLUTEN FREE ITEM...**Our kitchen is not a gluten free facility. Because our dishes are prepared to-order, during normal kitchen operations, despite our best efforts, foods may come into contact with one another.

PAYMENTS METHODS ACCEPTED: CASH, VISA, MASTERCARD, DISCOVER AND APPLE PAY